

Menus

School: Wellington-Napoleon Elementary School

Academic Year: 2024-25

Meal: All

Month: October 2024

October				
M	Tu	W	Th	F
30	1 Breakfast: Sausage biscuit or cereal fruit, juice 1% white or chocolate milk Lunch: chicken patty sandwich baked beans carrots w/ranch fruit 1% white or Chocolate milk	2 Breakfast: Breakfast pizza or cereal fruit, juice 1% white or chocolate milk Lunch: Crispito rice corn fruit 1% white or chocolate milk	3 Breakfast: Sausage egg biscuit or cereal fruit, juice 1% white or chocolate milk Lunch: Hotdog on bun sweet potato fries green beans fruit !5 white or choc. milk	4 Breakfast: Biscuit and gravy or cereal Fruit, juice 1% white or chocolate milk Lunch: Pepperoni Pizza broccoli fruit 1% white or choc. milk
7	8 Breakfast: Pancakes or cereal Fruit, juice 1% white or chocolate milk Lunch: Chicken Fajita pasta black beans corn fruit 1% white or chocolate milk	9 Breakfast: Egg cheese biscuit or cereal fruit, juice 1% white or chocolate milk Lunch: Chicken nuggets green beans Bread stick fruit 1% white or chocolate milk	10 Breakfast: Scrambled eggs or cereal fruit, juice 1% white or chocolate milk Lunch: Pulled pork sandwich sweet potato fries Broccoli Fruit 1% white or chocolate milk	11 Breakfast: Biscuit and gravy or cereal fruit, juice 1%white or chocolate milk Lunch: Chili w/ chips carrots cookie Fruit 1% white or chocolate milk
14	15 Breakfast: French toast or cereal fruit, juice 1% white or chocolate milk Lunch: BBQ Rib Sandwich baked beans carrots fruit 1% white or choc. milk	16 Breakfast: Sausage biscuit or cereal fruit, juice 1% white or chocolate milk Lunch: Grilled Chicken, Roll Rice Sweet potato chunks Fruit 1% white or Chocolate milk	17 Breakfast: Breakfast pizza or cereal fruit, juice 1% white or chocolate milk Lunch: Spaghetti w/ bread stick Broccoli Fruit 1% white or chocolate milk	18 Breakfast: Biscuit and gravy or cereal fruit, juice 1% white or chocolate Lunch: Pepperoni Pizza Garden salad Fruit 1% white or chocolate milk
21	22 Breakfast: Egg omelet or cereal fruit, juice 1% white or chocolate milk Lunch: Corndog Mac and cheese Fruit 1% white or chocolate milk	23 Breakfast: Pancakes or cereal Fruit, juice 1% white or chocolate milk Lunch: Orange Chicken Rice broccoli Fruit 1% white or chocolate milk	24 Breakfast: Breakfast pizza or cereal Fruit, juice 1% white or chocolate milk Lunch: Pulled pork sandwich Baked Beans Salad Fruit 1% white or chocolate milk	25 Breakfast: Biscuit and gravy or cereal fruit, juice 1% white or chocolate milk Lunch: Hamburger on bun Carrots w/ ranch Tator tots Fruit 1%white or chocolate milk
28	29 Breakfast: Waffle or cereal fruit, juice 1% white or chocolate milk Lunch: Soft taco, lettuce & cheese Refried beans w/ chips Fruit 1%white or chocolate milk	30 Breakfast: Sausage biscuit or cereal fruit, juice 1% white or chocolate milk Lunch: Crispito w/ salsa Rice Corn Fruit 1%white or chocolate miilk	31 Breakfast: Breakfast on a stick or cereal fruit, juice 1% white or chocolate milk Lunch: Sub sandwich Carrots & tomatoes Cookie Fruit 1%white or chocolate milk	1 Breakfast: Biscuit & gravy or cereal Fruit, Juice 1% white or Chocolate milk Lunch: Pepperoni Pizza Garden salad Broccoli Fruit 1%white or chocolate milk